

# WELSH COASTAL CHALLENGE

FRIDAY 13 JUNE - SUNDAY 15 JUNE 2014

BREAST CANCER  
**BREAKTHROUGH**

Welsh Coastal Challenge grade:



Level One (Easy/Moderate)

## THE CHALLENGE

The Gower Peninsula has some of the most spectacular coastal scenery in Britain, with the Gower itself designated an Area of Outstanding Natural Beauty. Our challenge will take place on the finest 22-mile stretch of this headland. Starting from Rhossili on the west, our route takes us along cliffs, headlands, hidden bays and quaint fishing villages before finishing over the sands to Langland Bay in the East.



### Day 1 Saturday: Rhossili, Worms Head, Port Eynon Bay, Horton and Oxwich

We start our challenge at the southern end of a great swathe of sand at the magnificent Rhossili Bay before heading to the impressive Worms Head. Along the way we pass inlets and smugglers' caves, hidden bays and secluded sandy coves. The path is generally pretty good but there are lots of little ups and downs as our route hugs the tremendous coastline. Eventually we reach Port Eynon and the chance to pick up refreshments before strolling across the sandy bay to Horton. We conclude the first day by taking a beautiful walk to Oxwich.

Hopefully there may even be time for a drink, an ice cream and a chance to relax on the beach before heading back for dinner.

**Distance: 12.5 miles (19km), with 1,200 (390m) of ascent.**



### Day 2 Sunday: Oxwich, Three Cliffs Bay, Mumbles

After breakfast we take the coach back to yesterday's finishing point at Oxwich. The path leads us through a thriving nature reserve and through shady woodland before returning us back to the beach at Three Cliffs Bay. Our route continues its idyllic meandering route, along the changing coast with a series of dramatic towering cliffs and craggy headland contrasting with peaceful sandy bays. The challenge concludes at Langland Bay, where the beautiful untouched coastline gives us time to take in the sea air, relax and enjoy the stunning scenery before we hop on the coach to head back to the hotel.

**Distance: 10miles (16km), with 1,250ft (400m) of ascent**

**Breakthrough Breast Cancer, Weston House, 246 High Holborn, London, WC1V 7EX**

Breakthrough Breast Cancer is a registered charity in England and Wales (no. 1062636) and Scotland (no. SC039058)

## ACCOMMODATION AND WHAT'S INCLUDED

### Accommodation

The hotel will be located in Llanelli. Final details of accommodation will be confirmed to you by email eight weeks before the start of the challenge. Room pricing is as below and the whole group will be placed in the same three-star hotel.

### Friday Night

We will aim to start the event by meeting everyone in the bar on the Friday night at **7pm**. You will have the chance to meet your fellow participants and then dinner will be served in the restaurant at **8pm**. If you are unable to make the hotel by 8pm please let WalkWise know in advance on 01539 560 911. You will be able to check in to the hotel from 4pm onwards.

### Saturday

Breakfast: 8am  
Coach to the start: 9.15am  
Picnic lunch  
Three-course dinner: 7.30pm

### Sunday

Breakfast: 8am  
Coach to the start: 9am  
Picnic lunch



Package	Price per person
<b>Full Package</b> With 2 nights accommodation 2 breakfasts 2 picnic lunches 2 evening meals All transport to walks Professional walking guides	Twin share £159.00 / person  Single £189.00 / person  Please check we have single availability when booking
<b>EXTRA Night</b> <b>Sunday – Monday</b> Dinner, Bed and breakfast	£50.00 per person shared £65.00 per person single
<b>Event only</b> 2 picnic lunches 1 evening meal All transport to walks Professional walking guides	£75.00 per person

## WALKWISE TERMS AND CONDITIONS

- 1) Any provisional booking will be held for 14 days pending receipt of your deposit.  
(the deposit of £50.00 is non-refundable)
- 2) Your place is secured only when WalkWise UK Ltd receive your deposit
- 3) Cheques are to be made payable to **WalkWise UK Trust Account**
- 4) The balance must be received 8 weeks prior to the start date of the event
- 5) **Cancellation details**  
Up to 8 weeks prior to the event, you cancellation will result in loss of deposit. Thereafter the following cancellation charges will apply:  
cancellation up to 6 weeks prior – 50% of the price  
cancellation up to 3 weeks prior – 75% of the price  
cancellation up to 2 weeks prior – 100% of the price.
- 6) The event will be operated by WalkWise UK Ltd.
- 7) For complete Booking conditions please see  
<http://www.walkwise.co.uk/general-terms-and-conditions.html>
- 8) Their company address is  
WalkWise UK Ltd  
30 Greenways Drive, Endmoor, Kendal, LA8 0EL  
Tel/Fax 01539 560 911  
e-mail : [holidays@walkwise.co.uk](mailto:holidays@walkwise.co.uk)  
Website: [www.walkwise.co.uk](http://www.walkwise.co.uk)