2017 WalkWise series

- South Devon Coastal Challenge
- 10 Lakes Challenge
- Hadrian's Wall Challenge
- Firehills Coastal Challenge
- Speyside Challenge
- Yorkshire Dales Challenge
- Gower Coastal Challenge
- Cotswolds Challenge

breast cancer now

WalkWise UK

South Devon Coastal Challenge

Friday 28 – Sunday 30 April 2017

South Devon Coastal Challenge

Friday 28 June – Sunday 30 April 2017

The scenery along the South Devon Coast is quite simply spectacular and the challenge is to walk the 21 miles of this wonderful coast between Mothercombe and Plymouth. We will really be able to enjoy the natural beauty of the area; dramatic cliff top paths with extensive sea views, hidden coves with tranquil sandy bays and traditional fishing villages complete with welcoming inns and cafés!

Day One: Saturday

Battisborough Cross, Mothercombe to Noss Mayo

After breakfast we will hop on the coach which will take us to the start of our walk in Battisborough Cross. From here we will walk along some meandering lanes to Mothercombe where we get our first view of the coast: the secluded Erme Estuary! Our route now climbs gently above the high cliffs and makes its way around the isolated smugglers coves and bays. The coastline now follows the estuary inland through the bluebell clad wood into the hidden villages of Noss Mayo and Newton Ferrers where we will conclude the day in a friendly inn.

Day Two: Sunday

Wembrey, Warren Point, Mount Batten & Plymouth

We begin on the opposite bank of the estuary to yesterday, in Wembrey. Once again easy farm tracks and lanes allow our legs a gentle warm up as we make our way down to the coast to reveal a superb view. Now we turn west and follow the coastal path to a lovely bay. From here we pass Blackstone rocks, Wembrey Point, Audurn Point and Bovisand Bay before reaching Dunstone Point. Now it's on to a ferry to sail back across to the Citadel and Plymouth. Finally, we make our way along the quayside and across Plymouth Hoe and the conclusion of our route.

Room pricing is as below and the whole group will be placed in the same hotel. Please note that this hotel is subject to change under extenuating circumstances.

Friday 28 – Sunday 30 April 2017	Price per person
Full Package • With two nights accommodation • Two breakfasts • Two picnic lunches • Two evening meals • All transport to walks • Professional walking guides	• Twin share £175 per person • Single £214 per person • (Maximum no. 50)
Extra night • Sunday 30 April – Monday 1 May 2017 • Bed, dinner and breakfast	• £60.00 per person in a shared room • £80.00 per person in a single
Event only • Two picnic lunches • One evening meal • All transport to walks • Professional walking guides	• £75

Friday Night

We will aim to start the event by meeting everyone in the bar on the Friday night at 7pm. You will have the chance to meet your fellow participants and make some new friends. Dinner will then be served in the restaurant at 8pm. If you are unable to make it to the hotel by 7pm please let WalkWise know in advance on 01539 560 911. You will be able to check into the hotel from 4pm onwards.

Saturday

Breakfast: 8am
Short Briefing: 9am in the Lounge
Leave by coach to start the Challenge: 9.15am
Picnic lunch
Three course dinner: 7.30pm

Sunday

Breakfast: 8am
Leave by coach: 9am
Picnic lunch

Address:
Duke of Cornwall Hotel
Millbay Road
Plymouth
Devon
PL1 3LG

10 Lakes Challenge

Friday 12 – Sunday 13 May 2017

The 10 Lake Challenge

Friday 12 – Sunday 13 May 2017

The 10 Lakes Challenge is a fantastic 21 mile walk through the beautiful English Lake District. The challenge starts on the shores of Coniston Water and then we will make our way via the picturesque Tarn Howes into the beautiful Langdale Valley. Overall the route mainly follows good paths, but there are a couple of steep ascents to be overcome!

Day One: Saturday

Coniston Water, Tarn Howes, Yew Tree Tarn, Hodge Close Tarn, Little Langdale Tarn, Blea Tarn

We will follow the shores of Coniston Water before wandering through the woodlands to the beautiful Tarn Howes. A lovely tumbling waterfall now leads us down through the peaceful woodlands to Yew Tree Tarn. Ahead there is a short climb up onto Holme Fell, but your efforts are amply rewarded with a stunning view across the region. A lovely walk now commences through some traditional Cumbrian farms before we pass Little Langdale Tarn. Now it's onwards into the heart of Lakeland as we pass one of the most photographed spots in Britain, Blea Tarn in Little Langdale.

Day Two: Sunday

Elterwater, Loughrigg Tarn, Rydal Water & Windermere

A coach will whisk us back to the New Dungeon Ghyll. Again we start gently allowing the legs to warm up as we stroll down the majestic Langdale Valley to Elterwater (Swan Lake). Onwards our path continues alongside the river before climbing through the woodlands to the delightful Loughrigg Tarn which lies hidden, nestled amongst this stunning landscape with a fine viewpoint back up the valley. Moving on, this track now brings us around to another beautiful lake, Rydal Water, before our thoughts turn towards the end of the day. Our next point of call is our final destination, the shores of Windermere.

Room pricing is as below and the whole group will be placed in the same hotel. Please note that this hotel is subject to change under extenuating circumstances.

Friday 12 – Sunday 13 May 2017	Price per person
Full Package • With two nights accommodation • Two breakfasts • Two picnic lunches • Two evening meals • All transport to walks • Professional walking guides	• Twin share £185 per person • Single £225 per person • (Maximum no. 50)
Extra night • Sunday 13 – Monday 14 July • Bed, dinner and breakfast	• £60 per person twin share • £80 per person single
Event only • 2 picnic lunches • 1 evening meal • All transport to walks • Professional walking guides	• £75

Friday Night

We will aim to start the event by meeting everyone in the bar on the Friday night at 7pm. You will have the chance to meet your fellow participants and make some new friends. Dinner will then be served in the restaurant at 8pm. If you are unable to make the hotel by 7pm please let Walkwise know in advance on 01539 560 911. You will be able to check into the hotel from 4pm onwards.

Saturday

Breakfast: 8am
Leave by coach to start the Challenge: 9.15am
Picnic lunch
Three course dinner: 7.30pm

Sunday

Breakfast: 8am
Leave by coach: 9am
Picnic lunch

Address:
Windermere Hotel
Kendal Road
Bowness-on-Windermere
Windermere
LA23 1AL

Hadrian's Wall Challenge

Friday 9 June – Sunday 11 June 2017

The Hadrian's Wall Challenge

Friday 9 June – Sunday 11 July 2017

Hadrians Wall is a famous World Heritage Site that stretches over 80 Roman miles from coast to coast. The challenge is to complete the 23 mile walk along the finest, wildest and best preserved sections of the wall. Our route will stay as close to the wall as possible, but we'll also pass Roman forts, mileposts and bath houses.

The challenge

Day One: Saturday

Saturday Housesteads and Windshields Crags

We will start at Housesteads where we'll make our way up past one of the best preserved Roman Forts in the country. Here we join the wall and begin our way westwards along the national trail to Windshields Crags. Just after Walltown Crags we may be able to stop for refreshments at the visitor centre before continuing back to Gilsland via Thirwall Castle. Finally we leave the national trail and follow the river back to the hotel.

Day Two: Sunday

Lanecost priory & Birdoswold

Alighting at Lanercost Bridge we will walk along the river and past the remains of the impressive Lanercost. A short climb and then it's off again along the Hadrian's Wall national trail. Shortly after Banks we add variety to the walk by descending to the river again and taking a stroll through the delightful Irthing valley, a hidden gem. Following the curves of the river we emerge at Lanerton Bridge before returning to the course of the Vallum. Onwards then to Birdoswald Roman fort before returning along the wall to Gilsland.

Room pricing is as below and the whole group will be placed in the same hotel. Please note that this hotel is subject change under extenuating circumstances.

Friday 9 June – Sunday 11 June 2017	Price per person
Full Package • With two nights accommodation • Two breakfasts • Two picnic lunches • Two evening meals • All transport to walks • Professional walking guides	• Twin share £165 per person • Single £225 per person • (Maximum no. 50)
Extra night • Sunday 11 June • Bed, dinner and breakfast	• £50 per person in a twin share • £70 per person in a single
Extra night • Sunday 11 June • Bed, dinner and breakfast	• £75

Friday Night

We will aim to start the event by meeting everyone in the bar on the Friday night at 7pm. You will have the chance to meet your fellow participants and make some new friends. Dinner will then be served in the restaurant at 8pm. If you are unable to make it to the hotel by 7pm please let WalkWise know in advance on 01539 5609 111. You will be able to check in into the hotel from 4pm onwards.

Saturday

Breakfast: 8am
Leave by coach to start the Challenge: 9.15am
Picnic lunch
Three course dinner: 7.30pm

Sunday

Breakfast: 8am
Leave by coach: 9am
Picnic lunch

Address:
Gilsland Spa Hotel
Gilsland
Brampton
Cumbria
CA8 7AR

Firehills Coastal Challenge

Friday 23 – Sunday 25 June 2017

The Firehills Coastal Challenge

Friday 23 – Sunday 25 June 2017

The Sussex Coastal Challenge is a 22 mile walk along some of Britain's most stunning countryside. Along the way we will enjoy some tremendous seascapes, pass through numerous nature reserves, visit some extremely picturesque villages and towns, enjoy some of the finest scenery in the country and call in at the occasional country inn and café.

Day One: Saturday

St Leonards, Old Hastings, Fairlight, Pett Levels & Winchelsea

We start this lovely day directly from the hotel in St. Leonards where we will drop down onto the promenade and along the Peir to the town of Hastings. The hills do undulate somewhat, but each summit rewards us with wonderful views over the cliffs, along the coast and out to sea. Here the countryside changes dramatically and the steep undulations are behind us. We now follow the Saxon Shore Way along the Military Canal to end day one.

Day Two: Sunday

Winchelsea, Winchlsea Beach, Rye Harbour, Camber Castle, Rye

Beginning at yesterday's end point of Winchelsea, our track heads out across the levels to join the coast again at Winchelsea Beach. We will wander through the Rye Nature reserve, complete with a number of lakes, pools and pastures. Soon we come to Rye Harbour where the River Rother flows into the sea and it's here that you may see the seals basking on the mudflats at low tide. After a pause for refreshments we are back on our way, out across the reed beds to the ruins of Camber Castle. Its now only a short walk over the fields to the end of our trek in the lovely town of Rye.

Room pricing is as below and the whole group will be placed in the same hotel. Please note that this hotel is subject to change under extenuating circumstances.

Friday 23 – Sunday 25 June 2017	Price per person
Full Package • With two nights accommodation • Two breakfasts • Two picnic lunches • Two evening meals • All transport to walks • Professional walking guides	• Twin share £175 per person • Single £215 per person • (Maximum no. 46)
Extra night • Sunday 25 – Monday 26 June • Bed, dinner and breakfast	• £60 per person in a share room • £80 per person in a single
Event only • Two picnic lunches • One evening meal • All transport to walks • Professional walking guides	• £75

Friday Night

We will aim to start the event by meeting everyone in the bar on the Friday night at 7pm. You will have the chance to meet your fellow participants and make some new friends. Dinner will then be served in the restaurant at 8pm. If you are unable to make the hotel by 7pm please let WalkWise know in advance on 01539 560 911. You will be able to check into the hotel from 4pm onwards.

Saturday

Breakfast: 8am
Leave by coach to start the Challenge: 9.15am
Picnic lunch
Three course dinner: 7.30pm

Sunday

Breakfast: 8am
Leave by coach: 9am
Picnic lunch

Address:
Best Western
Royal Victoria Hotel
Marina
St Leonards On Sea
East Sussex
TN38 0BD

Speyside Challenge

Friday 14 – Sunday 16 July 2017

The Speyside Challenge

Friday 14 June – Sunday 16 July 2017

This challenge covers 22 miles of the finest scenery that Speyside has to offer. We begin on the outskirts of Aviemore and weave our way through the clearings amongst the ancient Caledonian Pine forest to Loch an Eilein with its dramatic ruined castle. We pass through the Ryvoan Pass and across the purple heather moor. Most of the route is on good country tracks and footpaths and there are a few gentle ups and downs to add a little challenge.

The challenge

Day One: Saturday

Inverdruie, Loch an Eilein, Rotheiemurchus Forest
Loch Morlich

After breakfast we will hop on the coach which will take us to the start of our walk at Inverdruie. From here we will follow tracks through some gentle farmland to the beautiful Loch an Eilein. Our path continues on taking in the lovely Loch Gemhna with views across to the Glen Feshie Hills. We then follow tracks through Rothiemurchus and over to Loch Morlich. All the while there is a stunning backdrop of the northern corries of the Cairngorms. Soon we emerge on to the loch shore and we follow this around to the silver sand beaches on its eastern shore.

Day Two: Sunday

Loch Morlich Ryvoan Pass Abernethy Forest Nethy Bridge

After breakfast our coach will pick us up and return us to the end of Saturday's walk at Glenmore. We now make our way past the lonely Ryvoan Bothy and follow across the moorlands and steadily north to enter another Caledonian Pine forest. Our way continues on, deeper into the forest, where we eventually emerge at our destination, Nethy Bridge ,and the end of our two day trekking challenge.

Room pricing is as below and the whole group will be placed in the same hotel. Please note that this hotel is subject to change under extenuating circumstances.

Friday 14 – Sunday 16 July 2017	Price per person
Full Package • With two nights accommodation • Two breakfasts • Two picnic lunches • Two evening meals • All transport to walks • Professional walking guides	• Twin share £174 per person • Single £214 per person • (Maximum no. 50)
Extra night • Sunday 16th – Monday 17th July • Bed, dinner and breakfast	• £60 per person in a share room • £80 per person in a single
Event only • Two picnic lunches • One evening meal • All transport to walks • Professional walking guides	• £75

Friday Night

We will aim to start the event by meeting everyone in the bar on the Friday night at 7pm. You will have the chance to meet your fellow participants and make some new friends. Dinner will then be served in the restaurant at 8pm. If you are unable to make the hotel by 7pm please let WalkWise know in advance on 01539 560 911. You will be able to check into the hotel from 4pm onwards.

Saturday

Breakfast: 8am
Short Briefing: 9am in the Lounge
Leave by coach to start the Challenge: 9.15am
Picnic lunch
Three course dinner: 7.30pm

Sunday

Breakfast: 8am
Leave by coach: 9am
Picnic lunch

Address:
Carrbridge Hotel
Main Street
Carrbridge
Inverness-shire
PH23 3AB

Yorkshire Dales Challenge

Friday 4 – Sunday 6 August 2017

The Yorkshire Dales Challenge

Friday 4 – Sunday 6 August 2017

This trekking challenge covers some 22 miles through the stunning Yorkshire Dales Valley. The route is based on the long distance footpath the Dales Way and passes through beautiful market towns, quaint villages and peaceful hamlets, many with welcoming inns and cafes. There are lovely, peaceful sections alongside the majestic River Wharf and there are a few ascents on Saturday which lift us above the valley through the limestone escarpments and onto the open fells beyond, where we are rewarded with stunning views across this wonderful landscape.

The challenge

Day One: Saturday

Starbottom, Kettlewell, Grassington and Burnsall

After breakfast we will hop on the coach which will take us to the start of our trekking challenge in Starbottom in the upper reaches of Wharfdale. Our path begins by following the waters of the River Wharf as we approach the village of Kettlewell. Here the route gently ascends through Scargill and above the limestone escarpments and pavements and onto the fells beyond. Ahead the market town of Grassington appears in view. This is our next destination and the thought of a refreshing ice cream or cold drink ispurs us on as we trek back down into the valley. Our final stretch for the day now rejoins the River Wharf and we head down to the quiet village of Burnsall where a pub and café await our arrival on the village green.

Day Two: Sunday

Barden Bridge, The Strid, Bolton Abbey and Ilkley

The coach will once again return us back up to Barden Bridge where we begin the second day's trek. We immediately join the riverside footpath downstream across the open farmland. Once again we are surrounded by the fells and moors and we can enjoy the views as our legs start to warm up again. Soon we reach the mature deciduous woodlands of the Strid. Our path then makes its way down to the Cavendish Pavilion and the romantic Bolton Abbey. We can cross the stepping stones to take a closer look before we continue on our way back down the Addingham and to our final destination of the day, Ilkley!

Friday 18 – Sunday 20 August 2017	Price per person
Full Package • With two nights accommodation • Two breakfasts • Two picnic lunches • Two evening meals • All transport to walks • Professional walking guides	• Twin share £181 per person • Single £226 per person • (Maximum no. 50)
Extra night • Sunday 20 – Monday 21 August • Bed, dinner and Breakfast	• £60 per person in a share room • £80 per person in a single
Event only • Two picnic lunches • One evening meal • All transport to walks • Professional walking guides	• £75

Friday Night

We will aim to start the event by meeting everyone in the bar on the Friday night at 7pm. You will have the chance to meet your fellow participants and make some new friends. Dinner will then be served in the restaurant at 8pm. If you are unable to make it to the hotel by 7pm please let WalkWise know in advance on 01539 560 911. You will be able to check into the hotel from 4pm onwards.

Saturday

Breakfast: 8am
Short Briefing: 9am in the Lounge
Leave by coach to start the Challenge: 9.15am
Picnic lunch
Three course dinner: 7.30pm

Sunday

Breakfast: 8am
Leave by coach: 9am
Picnic lunch

Address:
The Craiglands Hotel
Cowpasture Road
Ilkley
West Yorkshire
LS29 8RQ

Gower Coastal Challenge

Friday 18 – Sunday 20 August 2017

The Gower Coastal Challenge

Friday 18 – Sunday 20 August 2017

The scenery of the spectacular Gower Peninsula is some of the finest coastal scenery in Britain. Our challenge will be to walk the finest 22.5 miles stretch of this headland from Rhossili on the west, along the cliffs, around headlands, across hidden bays, through quaint fishing villages and over the sands to Caswell Bay in the east.

The challenge

Day One: Saturday

Rhossilli, Worms Head, Port Eynon Bay, Horton and Oxwich

After breakfast we will hop on a coach to be taken to Rhossili to start our challenge. Rhossili lies at the southern end of a great swathe of sand on the magnificent Rhossili Bay. Along the way we pass inlets and smugglers caves, hidden bays and secluded sandy coves. The path is generally pretty good but there are lots of little ups and downs as our route hugs the tremendous coastline. Then there is a very pleasant stroll across the sandy bay to Horton before a beautiful walk around Oxwich point concludes the day.

Day Two: Sunday

Oxwich, Three Cliffs Bay to Caswell Bay

After breakfast we take the coach back to yesterday's finishing point where we begin with renewed energy. The path is a delight, leading us through a thriving nature reserve and through a shady woodland before returning us back to the beach at Three Cliffs Bay. Our route now continues its idyllic meandering route, along the ever changing coast with a series of dramatic towering cliffs, craggy headland and contrasting peaceful sandy bays. Our day concludes at Caswell Bay where the beautiful untouched coastline gives way to the town, but even here there is time to take in the sea air, relax and enjoy the stunning scenery before we head home.

Room pricing is as below and the whole group will be placed in the same hotel. Please note that this hotel is subject to change under extenuating circumstances.

Friday 18 – Sunday 20 August 2017	Price per person
Full Package • With two nights accommodation • Two breakfasts • Two picnic lunches • Two evening meals • All transport to walks • Professional walking guides	• Twin share £181 per person • Single £221 per person • (Maximum no. 50)
Extra night • Sunday 20 – Monday 21 August 2017 • Bed, dinner and breakfast	• £60 per person in a share room • £80 per person in a single
Event only • Two picnic lunches • One evening meal, • All transport to walks • Professional walking guides	• £75

Friday Night

We will aim to start the event by meeting everyone in the bar on the Friday night at 7pm. You will have the chance to meet your fellow participants and make some new friends. Dinner will then be served in the restaurant at 8pm. If you are unable to make it to the hotel by 7pm please let WalkWise know in advance on 01539 560 911. You will be able to check into the hotel from 4pm onwards.

Saturday

Breakfast: 8am
Short Briefing: 9am in the Lounge
Leave by coach to start the Challenge: 9.15am
Picnic lunch
Three course dinner: 7.30pm

Sunday

Breakfast: 8am
Leave by coach: 9am
Picnic lunch

Address:
The Diplomat Hotel
Felinfoel, Llanelli
Carmarthenshire
SA15 3PJ

Cotswolds Challenge

Friday 22 — Sunday 24 September 2017

The Cotswolds Challenge

Friday 22 – Sunday 24 Sept 2017

Our challenge is to complete 22.5 miles of the beautiful Cotswolds over the weekend. Mostly full of good paths, there are also some gently undulating hills to add a bit of a challenge! There is a huge variety of scenery: picturesque villages, beautiful countryside, spring flowering meadows and leafy woodland, and expansive panoramic views from the lofty limestone ridges.

Day One: Saturday

Mainly along The Cotswold's Way from Painswick to Seven Springs

The first day will begin with a coach ride, then a short climb up to the wonderful vantage point of Painswick Hill. Our walk continues above Prinknash Abbey to Coopers Hill, famed for 'cheese rolling'! Onwards to a Roman villa before rejoining the Cotswold's Way. The path now meanders through the leafy woodlands to emerge at Birdlip where a short stroll follows to the Air Balloon pub. Now there is a steep climb up to Crickley Hill where our efforts are rewarded with a superb panorama. Staying on the escarpment our path wanders around to Leckhampton Hill and the Devils' Chimney.

Day 2: Sunday

Limestone escarpments from Seven Springs to Cleeve Hill

To continue our route, the coach will take us to the Seven Springs Inn. Once again we regain views over the lovely vale of Cheltenham as we head along the ridge to Wistley Hill. This lovely section is mostly on limestone and should be adorned with colourful spring blooms and numerous orchids. Our route is full of variation as we descend through Dowdeswell Valley and reservoir before commencing the main climb of the day to Colgate Hill. Eventually the gradient softens and we traverse along the slopes before emerging onto the rolling hillsides of our final summit of Cleeve Hill. The end, the Rising Sun hotel and The Chance.

Room pricing is as below and the whole group will be placed in the same hotel. Please note that this hotel is subject to change under extenuating circumstances.

Friday 22 – Sunday 24 September 2017	Price per person
Full Package • With two nights accommodation • Two breakfasts • Two picnic lunches • Two evening meals • All transport to walks • Professional walking guides	• Twin share £165 per person • Single £205 per person *Please check we have single availability when booking
Extra Night • Sunday 24 - Monday 25 September • Dinner, bed and breakfast	• £50 per person in a share room • £70 per person in a single
Event only • Two picnic lunches • One evening meal • All transport to walks • Professional walking guides	• £75

Accommodation and what's included

Friday Night

We will aim to start the event by meeting everyone in the bar on the Friday night at 7pm. You will have the chance to meet your fellow participants and make some new friends. Dinner will then be served in the restaurant at 8pm. If you are unable to make it to the hotel by 7pm please let WalkWise know in advance on 015239 560 911. You will be able to check into the hotel from 4pm onwards.

Saturday

Breakfast: 8am
Main Briefing: 9am in the Lounge
Leave by coach to the start of the Challenge: 9.15am
Picnic lunch
Three course dinner: 7pm

Sunday

Breakfast: 8am
Leave by coach: 9am
Picnic lunch

Address:
Holiday Inn Gloucester
Cheltenham
Crest Way
Gloucester
GL4 3RX

Research holds the key to a world where everyone who develops breast cancer lives. We believe that if we all act now, by 2050, we will live in that world.

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Email us
events@breastcancernow.org

Call us
0333 20 70 300

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WalkWise UK